**Morgan County High School (West Liberty, KY) would like to invite you to the Sorghum Run  -  the Morgan County Cross Country Invitational.**

**Friday, September 20.**

Location:  Pleasant Valley Golf Course  -  on the outskirts of West Liberty, about 3 miles from the high school.

                           (Please note:  this is a new location.  Should be excellent footing.  Sloping hills on course)

Grade School Race  (boys and girls combined)  -  1 mile  -  5:15 pm

Middle School Race  (boys and girls combined)  -  3K  (1.8 miles)  -  5:30 pm

Varsity Boys Race  -  5K  (3.1 miles)  -  6:00 pm

Varsity Girls Race  -  5K  -  follows Varsity Boys Race

Cost:  $50 per school  will cover ALL races, boys and girls.   (If you have only a couple of individual runners that you wish to bring, please contact us)

Awards:

Grade School:         Individual  -  Top 10 boys receive medals.  Top 10 girls receive medals.

                                    Team  -  First place trophy to boys team.  First place trophy to girls team.

Middle School:          Individual  -  Top 10 boys receive medals.  Top 10 girls receive medals.

                                     Team  -  First place trophy to boys team.  First place trophy to girls team.

Varsity:            Individual  -  Top 10 boys receive medals.  Top 10 girls receive medals.

                         Team  -  1st / 2nd place trophies to boys teams.  1st / 2nd place trophies to girls teams.

Plus  -  Each individual winner will receive a jar of Morgan County Sorghum !!

For further information or to register to compete, contact Head Coach Charlie Bolin -  cbolino1@yahoo.com

or assistant coach Jamie Brunk  -  kybrunk@mrtc.com    (cell -  606-438-6137)

We look forward to hosting a competitive meet for eastern KY.  For those new to the Class A, Region 7, this would especially be a good opportunity to compete against other schools in our new regional alignment.